

# AUSTRALIAN ALPINE EPIC TRAIL MAP

### MAP LEGEND

Sealed Road Unsealed Road

Water course

Easy - Moderate gradients, short distances

Intermediate -

Longer distances Advanced - Steep slopes,

long distances

Refuge shelter Gate

Toilets

Parking

Information

Trail Map Sign

Drinking Water

Clocktower

This trail is shared with horse

riders and bush walkers please share the trail

Caution Road

Trail Starts

Trail Ends





### CONTACTS

Police, Fire Ambulance 000 Mt Buller Mt Stirling Resort Management Buller Ski Lifts Accommodation

RACV

Mt Buller Towing

#### SAFETY TIPS

- Ensure someone knows your intended travel and estimated ride time
- Wear appropriate clothing, pack layers
- Remember to follow the Epic logo on all signage pic
- Take food, water, bike repair tools and spare parts
- Carry a first aid kit
- Carry a phone or radio
- There is limited mobile coverage, especially between The Pinnacle and Mirimbah
- Plain Creek Track is shared with 4WDs, motor bikes and logging trucks keep to the left
- Familiarise yourself with shared trail sections, and be prepared to give way

ownload the Mt Buller Liv

he interactive Roam 3D MT

ws your exact location

ap data is stored offline.

Check into mtbuller.com.au

status updates. Call 03 5777

ccommodation, contacts,

AN EPIC EXPERIENCE

One of only a handful of Epic accredited rides in the world, the Australian Alpine Epic is a unique, tough and exhilarating journey. This amazing 51km odyssey takes riders through ancient Snow gum forests, towering Alpine ash stands, ferny glades and granite monoliths, on a variety of trail types, including single track, double track and 4WD.

Starting with fun and funky favourites close to the Village, the experience gets a little more wild, as the Epic trail continues through Mt Stirling to Telephone Box Junction, where the trail heads deep into the forest. After a climb to the Pinnacle, and jaw-dropping High Country views, the 8km single track descent to Plain Creek is heart-stopping. From there, a scenic river-side stint brings riders back to leafy Mirimbah Park.

- 1. Commence at the Epic start on The Avenue, and head left onto Family Trail
- 2. Take the left hand trail onto Soul Revival, continue onto One Tree Hill
- 3. Cross Goal Post Road to the top of **Gang Gangs** on your right
- 4. Descend to the bottom of **Gang Gangs**, across Corn Hill Road, to **Picnic Trail**
- 5. Climb past the Picnic Table junction to Cornhill Trail
- 6. Continue ahead to Woollybutt, descending to the Circuit Road and Howqua Gap
- 7. Cross the Circuit Road to the Howqua Gap Hut and to **Stonefly**
- 8. Roll around Bluff Spur Hut, and continue left to the West Summit Trail
- 9. Rounding the base of the Mt Stirling Summit, turn left on the Stirling Trail
- 10. Continue past King Spur Hut and Cricket Pitch Shelter to Fork Creek Trail
- 11. Pass the Machinery Shed and turn on to the Upper Baldy Trail
- 12. Continue to **Baldy Loop**
- 13. Cross the Circuit Road (left from TBJ) then turn left up Hut Trail, past Razorback Hut to Razorback Trail
- 14. Continue on Razorback Trail to the cattle gate and Mt No 3 road.
- 15. Once past the cattle gate ride 500m to turn left to regain the single track (No. 3 Pinnacle)
- 16. Turn left off the single track and climb the Pinnacle Track
- 17. Pass the log bike rack at the top of the climb and begin your descent to Plain Creek Track (Pinnacle Plain Creek)
- 18. Descend the Plain Creek Track to Carter's Road Picnic Ground
- 19. Turn left off Plain Creek Track, before the bridge, to the final section of single track (Carter's Mirimbah), to Mirimbah
- 20. At Mirimbah celebrate vour achievement!

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TRAIL NAME	GRADE	KMS	GRADIENT	TRAIL TYPE	LANDMARKS	TRAIL FEATURES
Family Trail/One Tree Hill/ Soul Revival	Easy/ intermediate	1.91	Climb & descent	Single & double track	Epic start	Fun and funky, with beginner technical features
Gang Gangs	Intermediate	1.84	Traverse/ descent	Single track	Picnic Table (on road)	Flowing descent through Snow gum forest
Picnic Trail	Easy	0.6	Climb/ traverse	Single track		Linking trail
Cornhill Trail	Intermediate	1.11	Climb	Single & double track		A technical climb with switchbacks, becoming a rough track
Woollybutt	Intermediate	1.86	Climb & descent	Single track & other trail	Howqua Gap Hut	Undulating trail, through iconic Australian alpine landscapes
Stonefly	Advanced	7.28	Long climb	Single track	Waterfall crossing, boulder fields, River Spur Trail intersection	Australia's best MTB trail, through Alpine ash forest and ancient, gnarled Snow gums
West Summit Trail / Stirling Trail	Intermediate	4.10	Traverse/ descent	Double track	Bluff Spur Hut, King Spur Hut, Cricket Pitch Shelter	Round the summit of Mt Stirling, with incredible High Country panoramic views
Fork Creek Trail / Upper Baldy Trail	Intermediate	2.81	Descent	Double track	Machinery Shed	Meander through soaring Alpine ash glades
Baldy Trail	Easy	1.63	Descent	Double track	Telephone Box Junction	The ideal place for rest, the Mt Stirling Café is open weekends for great food, coffee and information. Also toilets and public shelter.
Hut Trail / Razorback Trail	Intermediate	5.66	Climb	Double track	Razorback Hut Cattle gates – close behind you	Heading into the 'back of beyond' via Razorback Hut this trail follows in the footsteps of the historic mountain cattlemen.
No. 3 – Pinnacle	Intermediate	4.94	Traverse/ descent	Single track		If the ride doesn't blow your mind, the views from here will. Keep pedalling
Pinnacle – Plain Creek Track	Intermediate	11.3	Descent	Single track (small fire road section)	Enjoy Log	The ultimate Epic ride that may leave you speechless. This is a never-ending dream descent.
Plain Creek Track	Intermediate	2.88	Downhill	4WD track	Carter's Road Picnic Ground	Take care on water bars, and watch for 4WD traffic
Carter's - Mirimbah	Intermediate	3.46	Climb & traverse	Single track	Mirimbah Park Picnic Grounds	A delightful way to finish your EPIC mission, along the beautiful Delatite River.

### **ELEVATION PROFILE**



### **FACTS AND FIGURES**

Grade: Intermediate/Advanced

Distance: 51km

Riding time: 4-7 hours (ability dependent)

Fitness: High endurance, medium technical skill

Accumulated elevation ascent: 1234m

Accumulated elevation descent: 2187m

Highest point: 1650m (the top of Stonefly

ascent at 11.6km into the ride)

Lowest point: 573m (the entry to the new Carters Rd/River section at 47.5km into ride)

Longest single track descent: /

8km - section off Pinnacle Track (1260m) to Plain Creek Track (573m), total elevation descent of 687m



### SAFETY

Mountain biking can be hazardous. Trails may include unmarked obstacles and hazards such as sticks, rocks, logs, trees, steep inclines, drop-offs and loose surfaces. Riders attempting these tracks do so at their own risk.

This brochure is intended as a guide only.

#### Weather conditions

Conditions within the alpine environment can change quickly, with sub-zero temperatures and even snow occurring in summer - check the weather forecast and come prepared.

#### Emergency assistance

## MTB 001

Emergency markers are located throughout resort, identifying your position to emergency services. Call 000 and quote the number on the nearest marker. Resort Management (03 5777 6077) may also be able to assist during business hours.

#### Mobile coverage

It is advised you carry a phone, however important to note there is limited mobile coverage throughout, especially between The Pinnacle and Mirimbah.

#### Shared trails

Mt Buller's trail network is shared by many users including hikers, trail runners and horse riders. Keep an eye out for the shared trail signs. Stop, dismount and give way when approaching horses.

### Mountain bike conduct

Head to bike.mtbuller.com.au for the Bike Buller MTB Code of Conduct.

#### Bike Hygiene

To avoid the spread of unwanted weeds and pathogens, and to protect the Australian alpine environment, please ensure all footwear, bikes and equipment are cleaned before you arrive and after you leave the resorts.

### MT STIRLING CAFÉ

At Telephone Box Junction you'll find the Mt Stirling Café is the ideal place to break your Epic ride. Open weekends and public holidays from December - April the café has great food, excellent coffee, a range of guide books and maps, as well as local staff full of mountain knowledge. Facilities at Telephone Box Junction include toilets and a public shelter.



